

## Tailwind Nutrition 3 Marathons in 3 Days Results, 12- 14 July 2019

Congratulations to our permanent bib number holders this year

(You receive your permanent bib number once you complete 5 3M3D grand slam races)

Name		Bib number	Competed in					Cumulative time over the 5 years
Anthony	Ralph	8	2015	2016	2017	2018	2019	<b>62.12.28</b>
David	Von Senden	9	2015	2016	2017	2018	2019	<b>64.12.40</b>
Mark	Dowel	10	2015	2016	2017	2018	2019	<b>95.18.18</b>
Stephen	Lewis	11	2013	2014	2017	2018	2019	<b>103.18.58</b>

Next year the following people are lining up for their permanent bib numbers:

Name		Bib number	Competed in				Cumulative time over 4 years
Derek	Mcdonagh	12	2016	2017	2018	2019	55.18.17
Donna	Baker	13	2015	2016	2017	2019	64.00.39
Michael	Dale	14	2015	2016	2018	2019	69.08.11
Anja	Ahale	15	2015	2017	2018	2019	77.06.20
Debbie	Moll	16	2012	2014	2015	2019	86.30.45
Andrew	Fedoruk	17	2016	2017	2018	2019	86.53.43
Sharon	Waller	18	2016	2017	2018	2019	94.45.20
Fayola	Sitompul	19	2016	2017	2018	2019	113.26.01

## Tailwind Nutrition 3 Marathons in 3 Days Grand slam 3M3D results, 12- 14 July 2019

Overall placing 3M3D	Name	Age Category	Time (h:mm:ss) M1	Time (h:mm:ss) M2	Time (h:mm:ss) M3	Cumulative time	Overall age category placing
1	Anthony Ralph	M 40 - 49	04:17:09	03:57:41	03:30:40	11:45:30	1
2	David Von Senden	M 60 - 69	04:29:57	04:15:24	03:54:39	12:40:00	1
3	Derek Mcdonagh	M 50 - 59	04:46:18	04:33:46	03:56:31	13:16:35	1
4	Alena Scurrah	F 40 - 49	04:46:27	04:33:50	03:56:33	13:16:50	1
5	Shane D'Alcorn	M 30 - 39	04:57:02	04:50:24	04:08:08	13:55:34	1
6	Jeff Herbert	M 30 - 39	05:03:49	04:55:51	04:13:18	14:12:58	2
7	Dave Burgis	M 30 - 39	05:10:51	04:50:24	04:12:34	14:13:49	3
8	Sam Heames	M 40 - 49	04:29:10	06:00:41	03:45:40	14:15:31	2
9	Mariam Meite	F 30 - 39	05:17:02	05:05:22	04:25:12	14:47:36	1
10	Ross McLeod	M 40 - 49	05:57:23	05:24:30	03:56:28	15:18:21	3
11	Jenni Jefferis	F 40 - 49	05:45:44	05:16:24	04:26:54	15:29:02	2
12	Andrew Kinbacher	M 50 - 59	05:15:34	05:29:57	04:44:34	15:30:05	2
13	Morgan Sheehy	M 30 - 39	05:46:11	05:29:57	04:44:33	16:00:41	4
14	David OBrien	M 60 - 69	05:58:06	05:27:59	04:47:44	16:13:49	2
15	Stewart Hicks	M 30 - 39	05:48:08	05:14:55	05:12:31	16:15:34	5
16	Donna Baker	F 40 - 49	06:02:55	05:44:02	05:10:41	16:57:38	3
17	Marjorie Hendry	F 60 - 69	06:25:43	05:42:08	04:56:55	17:04:46	1
18	Michael Dale	M 60 - 69	06:26:03	05:56:13	04:58:01	17:20:17	3
19	Luke Noyes	M 30 - 39	06:05:35	06:03:49	05:17:14	17:26:38	6
20	Annie Schofield	F 50 - 59	06:36:02	05:55:11	05:07:53	17:39:06	1
21	Ken Brown	M 60 - 69	06:31:47	06:09:30	05:26:29	18:07:46	4
22	Paul Brenton	M 50 - 59	06:31:47	06:09:34	05:26:27	18:07:48	3
23	Chrissy Warman	F 40 - 49	06:29:17	06:26:35	05:19:28	18:15:20	4
24	Anja Ahale	F 50 - 59	07:09:17	06:34:09	05:31:07	19:14:33	2
25	Robert Centonza	M 50 - 59	07:19:58	06:42:16	05:22:13	19:24:27	4
26	Michael Soutter	M 40 - 49	07:19:59	06:42:17	05:22:14	19:24:30	4
27	Mark Dowel	M 50 - 59	06:48:41	06:53:58	05:44:45	19:27:24	5
28	Bernie Norris	M 40 - 49	06:48:41	06:53:59	05:44:47	19:27:27	5
29	Lorraine Lawson	F 50 - 59	07:21:58	06:47:53	05:28:42	19:38:33	3

30	Shane	Court	M 40 - 49	06:48:02	06:46:34	06:23:58	19:58:34	6
31	Steve	Doughty	M 50 - 59	07:20:44	06:45:31	06:12:00	20:18:15	6
32	Pauline	Overington	F 50 - 59	07:32:56	07:28:40	06:19:51	21:21:27	4
33	Stephen	Lewis	M 60 - 69	08:07:24	07:42:15	05:42:56	21:32:35	5
34	David	Elms	M 50 - 59	07:54:20	07:24:34	06:14:43	21:33:37	7
35	Matthew	Clapham	M 30 - 39	06:48:03	09:31:27	05:38:17	21:57:47	7
36	Ben	Alderson	M 30 - 39	06:48:03	09:31:34	05:38:19	21:57:56	8
37	Cheryle	Bland	F 50 - 59	06:56:21	09:31:33	05:43:23	22:11:17	5
38	Dave	Kelly	M 40 - 49	07:04:54	09:25:18	05:44:46	22:14:58	7
39	Cheryl	Jones	F 50 - 59	09:24:42	06:59:48	06:11:14	22:35:44	6
40	Pamela	Williams	F 60 - 69	08:25:19	08:29:09	05:42:05	22:36:33	2
41	Andrew	Fedoruk	M 50 - 59	08:13:25	08:20:14	06:55:21	23:29:00	8
42	Debra	Moll	F 60 - 69	08:42:33	08:29:09	06:24:23	23:36:05	3
43	Sharon	Waller	F 50 - 59	08:25:44	08:11:44	07:04:58	23:42:26	7
44	Nikki	Paul	F 40 - 49	08:25:44	08:11:44	07:04:59	23:42:27	5
45	Matthew	Neal	M 40 - 49	08:47:10	08:40:59	07:40:47	25.08.56	8
46	Revi Fayola	Sitompul	F 40 - 49	10:07:59	10:04:23	09:09:54	29.22.16	6
DNF	Samuel	Chamoun	M 18 - 29	07:19:19	07:43:30	DNS	DNF	
DNF	Joshua	Bailey	M 40 - 49	06:56:34	06:46:35	DNS	DNF	
DNF	Preston	Lee	M 40 - 49	06:13:47	DNS	04:50:56	DNF	
DNF	Mark	Lennox	M 40 - 49	07:19:20	07:43:30	DNS	DNF	

## Tailwind Nutrition 3 Marathons in 3 Days: Marathon 1, 12 July 2019

Overall placing	Bib #	Name of Runner	Time (h:mm:ss)	Age Category	Category placing
1	8	Anthony Ralph	04:17:09	M 40 - 49	1
2	59	Sam Heames	04:29:10	M 40 - 49	2
3	9	David Von Senden	04:29:57	M 60 - 69	1
4	12	Derek Mcdonagh	04:46:18	M 50 - 59	1
5	21	Alena Scurrah	04:46:27	F 40 - 49	1
6	43	Shane D'Alcorn	04:57:02	M 30 - 39	1
7	27	Jeff Herbert	05:03:49	M 30 - 39	2
8	60	Dave Burgis	05:10:51	M 30 - 39	3
9	26	Andrew Kinbacher	05:15:34	M 50 - 59	2
10	61	Mariam Meite	05:17:02	F 30 - 39	1
11	28	Jenni Jefferis	05:45:44	F 40 - 49	2
12	24	Morgan Sheehy	05:46:11	M 30 - 39	4
13	54	Stewart Hicks	05:48:08	M 30 - 39	5
14	35	Ross McLeod	05:57:23	M 40 - 49	3
15	58	David OBrien	05:58:06	M 60 - 69	2
16	13	Donna Baker	06:02:55	F 40 - 49	3
17	52	Luke Noyes	06:05:35	M 30 - 39	6
18	39	Preston Lee	06:13:47	M 40 - 49	4
19	42	Marjorie Hendry	06:25:43	F 60 - 69	1
20	14	Michael Dale	06:26:03	M 60 - 69	3
21	29	Chrissy Warman	06:29:17	F 40 - 49	4
22	56	Paul Brenton	06:31:47	M 50 - 59	3
23	57	Ken Brown	06:31:47	M 60 - 69	4
24	33	Annie Schofield	06:36:02	F 50 - 59	1
25	48	Shane Court	06:48:02	M 40 - 49	5
26	55	Matthew Clapham	06:48:03	M 30 - 39	7
27	46	Ben Alderson	06:48:03	M 30 - 39	8
28	10	Mark Dowel	06:48:41	M 50 - 59	4
29	6	Bernie Norris	06:48:41	M 40 - 49	6
30	100	Liam Crehan	06:51:28	M 40 - 49	7
31	53	Cheryle Bland	06:56:21	F 50 - 59	2
32	50	Joshua Bailey	06:56:34	M 40 - 49	8
33	45	Dave Kelly	07:04:54	M 40 - 49	9
34	15	Anja Ahale	07:09:17	F 50 - 59	3
35	49	Samuel Chamoun	07:19:19	M 18 - 29	1
36	47	Mark Lennox	07:19:20	M 40 - 49	10
37	30	Robert Centonza	07:19:58	M 50 - 59	5
38	37	Michael Soutter	07:19:59	M 40 - 49	11
39	34	Steve Doughty	07:20:44	M 50 - 59	6
40	2	Lorraine Lawson	07:21:58	F 50 - 59	4
41	22	Pauline Overington	07:32:56	F 50 - 59	5
42	3	David Elms	07:54:20	M 50 - 59	7
43	11	Stephen Lewis	08:07:24	M 60 - 69	5
44	17	Andrew Fedoruk	08:13:25	M 50 - 59	8
45	7	Pamela Williams	08:25:19	F 60 - 69	2
46	31	Nikki Paul	08:25:44	F 40 - 49	5
47	18	Sharon Waller	08:25:44	F 50 - 59	6
48	16	Debra Moll	08:42:33	F 60 - 69	3
49	32	Matthew Neal	08:47:10	M 40 - 49	12
50	19	Cheryl Jones	09:24:42	F 50 - 59	7
51	64	Rachal Doyle	09:24:43	F 40 - 49	6
52	44	Revi Fayola Sitompul	10:07:59	F 40 - 49	7

## Tailwind Nutrition 3 Marathons in 3 Days: Marathon 2, 13 July 2019

Overall placing	Bib #	Name of Runner		Time (h:mm:ss)	Age Category	Category placing
1	8	Anthony	Ralph	03:57:41	M 40 - 49	1
2	9	David	Von Senden	04:15:24	M 60 - 69	1
3	12	Derek	Mcdonagh	04:33:46	M 50 - 59	1
4	21	Alena	Scurrah	04:33:50	F 40 - 49	1
5	43	Shane	D'Alcorn	04:50:24	M 30 - 39	1
6	60	Dave	Burgis	04:50:24	M 30 - 39	1
7	27	Jeff	Herbert	04:55:51	M 30 - 39	3
8	61	Mariam	Meite	05:05:22	F 30 - 39	1
9	54	Stewart	Hicks	05:14:55	M 30 - 39	4
10	28	Jenni	Jefferis	05:16:24	F 40 - 49	2
11	35	Ross	McLeod	05:24:30	M 40 - 49	2
12	58	David	OBrien	05:27:59	M 60 - 69	2
13	26	Andrew	Kinbacher	05:29:57	M 30 - 39	5
14	24	Morgan	Sheehy	05:29:57	M 50 - 59	2
15	42	Marjorie	Hendry	05:42:08	F 60 - 69	1
16	13	Donna	Baker	05:44:02	F 40 - 49	3
17	62	Catherine	Coller	05:49:38	F 50 - 59	1
18	33	Annie	Schofield	05:55:11	F 50 - 59	2
19	14	Michael	Dale	05:56:13	M 60 - 69	3
20	59	Sam	Heames	06:00:41	M 40 - 49	3
21	52	Luke	Noyes	06:03:49	M 30 - 39	6
22	57	Ken	Brown	06:09:30	M 60 - 69	4
23	56	Paul	Brenton	06:09:34	M 50 - 59	3
24	101	Aaron	Trenfield	06:12:34	M 40 - 49	4
25	100	Liam	Crehan	06:22:01	M 40 - 49	5
26	29	Chrissy	Warman	06:26:35	F 40 - 49	4
27	15	Anja	Ahale	06:34:09	F 50 - 59	3
28	30	Robert	Centonza	06:42:16	M 50 - 59	4
29	37	Michael	Soutter	06:42:17	M 40 - 49	6
30	34	Steve	Doughty	06:45:31	M 50 - 59	5
31	48	Shane	Court	06:46:34	M 40 - 49	7
32	50	Joshua	Bailey	06:46:35	M 40 - 49	8
33	2	Lorraine	Lawson	06:47:53	F 50 - 59	4
34	10	Mark	Dowel	06:53:58	M 50 - 59	6
35	6	Bernie	Norris	06:53:59	M 40 - 49	9
36	44	Cheryl	Jones	06:59:48	F 50 - 59	5
37	3	David	Elms	07:24:34	M 50 - 59	7
38	22	Pauline	Overington	07:28:40	F 50 - 59	6
39	11	Stephen	Lewis	07:42:15	M 60 - 69	5
40	49	Samuel	Chamoun	07:43:30	M 18 - 29	1
41	47	Mark	Lennox	07:43:30	M 40 - 49	10
43	31	Nikki	Paul	08:11:44	F 40 - 49	5
42	18	Sharon	Waller	08:11:44	F 50 - 59	7
44	17	Andrew	Fedoruk	08:20:14	M 50 - 59	8
45	7	Pamela	Williams	08:29:09	F 60 - 69	2
46	16	Debra	Moll	08:29:09	F 60 - 69	3
47	32	Matthew	Neal	08:40:59	M 40 - 49	11
48	45	Dave	Kelly	09:25:18	M 40 - 49	12
49	55	Matthew	Clapham	09:31:27	M 30 - 39	7
50	53	Cheryle	Bland	09:31:33	F 50 - 59	8
51	46	Ben	Alderson	09:31:34	M 30 - 39	8
52	19	Revi Fayola	Sitompul	10:04:23	F 40 - 49	6
	39	Preston	Lee	DNS	M 40 - 49	

## Tailwind Nutrition 3 Marathons in 3 Days: Marathon 3, 14 July 2019

Overall placing	Bib #	Name of Runner		Time (h:mm:ss)	Age Category	Category placing
1	1	Anthony	Ralph	03:30:40	M 40 - 49	1
2	10	Sam	Heames	03:45:40	M 40 - 49	2
3	2	David	Von Senden	03:54:39	M 60 - 69	1
4	15	Ross	McLeod	03:56:28	M 30 - 39	1
5	3	Derek	Mcdonagh	03:56:31	M 50 - 59	1
6	4	Alena	Scurrah	03:56:33	F 40 - 49	1
7	6	Shane	D'Alcorn	04:08:08	M 30 - 39	2
8	8	Dave	Burgis	04:12:34	M 30 - 39	3
9	7	Jeff	Herbert	04:13:18	M 30 - 39	4
10	9	Mariam	Meite	04:25:12	F 30 - 39	1
11	12	Jenni	Jefferis	04:26:54	F 40 - 49	2
12	14	Morgan	Sheehy	04:44:33	M 30 - 39	5
13	11	Andrew	Kinbacher	04:44:34	M 50 - 59	2
14	16	David	OBrien	04:47:44	M 30 - 39	6
15	52	Preston	Lee	04:50:56	M 40 - 49	3
16	18	Marjorie	Hendry	04:56:55	F 60 - 69	1
17	20	Michael	Dale	04:58:01	M 60 - 69	2
18	21	Annie	Schofield	05:07:53	F 50 - 59	1
19	17	Donna	Baker	05:10:41	F 40 - 49	3
20	13	Stewart	Hicks	05:12:31	M 30 - 39	7
21	19	Luke	Noyes	05:17:14	M 30 - 39	8
22	24	Chrissy	Warman	05:19:28	F 40 - 49	4
23	31	Robert	Centonza	05:22:13	M 50 - 59	3
24	32	Michael	Soutter	05:22:14	M 40 - 49	4
25	23	Paul	Brenton	05:26:27	M 50 - 59	4
26	22	Ken	Brown	05:26:29	M 60 - 69	3
27	Lorraine	Lorraine	Lawson	05:28:42	F 50 - 59	2
28	30	Anja	Ahale	05:31:07	F 50 - 59	3
29	48	Matthew	Clapham	05:38:17	M 30 - 39	9
30	51	Ben	Alderson	05:38:19	M 30 - 39	10
31	Pamela	Pamela	Williams	05:42:05	F 60 - 69	2
32	Bunyip	Stephen	Lewis	05:42:56	M 60 - 69	4
33	49	Cheryle	Bland	05:43:23	F 50 - 59	4
34	Mark	Mark	Dowel	05:44:45	M 50 - 59	5
35	47	Dave	Kelly	05:44:46	M 40 - 49	5
36	Altra Man	Bernie	Norris	05:44:47	M 40 - 49	6
37	40	Cheryl	Jones	06:11:14	F 50 - 59	5
38	33	Steve	Doughty	06:12:00	M 50 - 59	6
39	Delmsie	David	Elms	06:14:43	M 50 - 59	7
40	35	Pauline	Overington	06:19:51	F 50 - 59	6
41	26	Shane	Court	06:23:58	M 40 - 49	7
42	45	Debra	Moll	06:24:23	F 60 - 69	3
43	41	Andrew	Fedoruk	06:55:21	M 50 - 59	8
44	42	Sharon	Waller	07:04:58	F 50 - 59	7
45	43	Nikki	Paul	07:04:59	F 40 - 49	5
46	46	Matthew	Neal	07:40:47	M 40 - 49	8
47	50	Revi Fayola	Sitompul	09:09:54	F 40 - 49	6
DNS	29	Joshua	Bailey	DNS	M 40 - 49	
DNS	36	Samuel	Chamoun	DNS	M 18 - 29	
DNS	37	Mark	Lennox	DNS	M 40 - 49	

### 3km Loop Race – Race within a Race, Marathon 2, 13 July 2019

Name		Time for the 3km loop
Anthony	Ralph	17:49
Aaron	Trenfield	19:21
Sam	Heames	19:34
David	Von Senden	19:49
Mariam	Meite	21:35
Derek	Mcdonagh	22:01
Alena	Scurrah	22:01
Dave	Burgis	22:36
Jeff	Herbert	22:53
Shane	D'Alcorn	22:58
David	OBrien	24:49
Stewart	Hicks	25:00
Ross	McLeod	25:06
Marjorie	Hendry	25:11
Morgan	Sheehy	25:35
Jenni	Jefferis	25:40
Andrew	Kinbacher	26:11
Catherine	Coller	26:38
Matthew	Clapham	26:51
Luke	Noyes	27:19
Donna	Baker	27:21
Joshua	Bailey	27:39
Liam	Crehan	28:12
Michael	Dale	28:21
Annie	Schofield	28:31
Paul	Brenton	29:08
Ken	Brown	29:08
Anja	Ahale	29:56
Chrissy	Warman	30:25
Cheryle	Bland	30:26
Ben	Alderson	30:53
Robert	Centonza	31:06
Michael	Soutter	31:06
Lorraine	Lawson	31:31
Steve	Doughty	31:40
Shane	Court	31:42
Dave	Kelly	31:43
Bernie	Norris	32:18
Mark	Dowel	32:18
Cheryl	Jones	33:01
David	Elms	33:13
Mark	Lennox	33:48
Samuel	Chamoun	33:51
Pauline	Overington	35:38
Stephen	Lewis	37:11
Sharon	Waller	37:25
Nikki	Paul	37:25
Pamela	Williams	41:02
Debra	Moll	41:07
Matthew	Neal	43:16
Andrew	Fedoruk	46:20
Revi Fayola	Sitompul	48:08

## Tailwind Nutrition 3 Marathons in 3 Days: Cairns Marathon, 14 July 2019

Overall placing	Bib #	Name		Time (h:mm:ss)	Age Category	Age Category placing
				03:07:13		
1	4217	Leo Schoepflin		<b>New course record</b>	M 30 - 39	1
2	4209	Bryan O'Mahony		03:12:44 (PB)	M 30 - 39	2
3	4221	Neil Thomas		03:44:20	M 30 - 39	3
4	4210	Gary Venz		03:48:24	M 40 - 49	1
5	4207	Scott Dimond		03:57:13	M 30 - 39	4
6	4220	Craig Langdon		04:04:19	M 30 - 39	5
7	4215	Ben Melville		04:07:34	M 30 - 39	6
8	4222	Michael Xu		04:15:55	M 30 - 39	7
9	4212	Petra Beck		04:44:55	F 50 - 59	1
10	4216	Alon Bar-Esh		04:45:11	M 40 - 49	2
11	4223	Tobias Forkel		04:58:44	M 30 - 39	8
12	4219	Sandra Groborsch		05:03:00	F 40 - 49	1
13	4203	Estelle Schinkel		05:04:49	F 18 - 29	1
14	4214	Shu Yan Kwok		05:18:14	M 40 - 49	3
15	4208	Jodi Sariman		05:23:20	F 40 - 49	2
16	4205	Adam Parr		05:23:24	M 30 - 39	9
17	4211	Heidi Sweeting		05:28:13	F 40 - 49	3
18	4225	Michael Fenton		05:56:18	M 50 - 59	1
19	4218	Vijaya Munagala		05:57:15	M 40 - 49	4
20	4201	Malcolm Gray		06:03:35	M 50 - 59	2
21	4224	David Cartwright		06:31:03	M 60 - 69	1
22	4283	SUE O'FARRELL		07:01:43	F 50 - 59	2
23	4202	Mel Tuineau		09:09:54	F 50 - 59	3

## Tailwind Nutrition 3 Marathons in 3 Days: Kauri Half Marathon, 12 July 2019

Overall finish position	Bib #	Name		Kauri Half Time (h.mm.ss)	Age Category	Age category position
1	2101	Bryan O'Mahony		2.13.19 <b>New course record</b>	M 30 - 39	1
2	2103	Joe Buck		2.20.43	M 30 - 39	2
3	2109	Pete Fox		2.38.27	M 30 - 39	3
4	2106	CHANGYANG LI		2.55.01	M 18 - 29	1
5	2115	Vivian Lawler		3.01.45	M 30 - 39	4
6	2111	Michelle Schurmann		3.07.44	F 40 - 49	1
7	2104	Shannon Skillin		3.23.21	F 30 - 39	1
8	2113	Clare Hopper		3.43.10	F 50 - 59	1
9	2114	Shuk Yee Tsang		3.54.36	F 18 - 29	1
10	2102	Allison Waters		4.02.03	F 30 - 39	2
11	63	Michael Fenton		4.37.05	M 50 - 59	1
12	2110	Jodie Soutter		4.51.15	F 40 - 49	2
13	2112	Jos Middleton		4.51.20	F 40 - 49	3
14	2105	Deborah Pelling		4.56.50	F 50 - 59	2
15	2107	Mel Green		5.00.36	F 30 - 39	3
16	2108	Claire Bayliss		5.00.36	F 40 - 49	4

## Tailwind Nutrition 3 Marathons in 3 Days: Lake Morris Road Race, 14 July 2019

Overall placing	Bib #	Name		Time (h:mm:ss)	Age Category	Age Category placing
1	1619	John	Foley	01:16:51	M 30 - 39	1
2	1620	Lee Anne	Flugel	01:17:23	F 30 - 39	1
3	1608	Tamara	Ryan	01:24:26	F 30 - 39	2
4	1628	Michelle	Schurmann	01:27:09	F 40 - 49	1
5	1621	Juanita	Barter	01:29:19	F 40 - 49	2
6	1622	Nadine	Edwards	01:30:38	F 40 - 49	3
7	1623	Margie	Shearer	01:31:26	F 50 - 59	2
8	1627	Markus	Meyer	01:32:34	M 50 - 59	1
9	1625	Samuel	Hockey	01:36:16	M 18 - 29	2
10	1618	Cassie	Twine	01:36:52	F 30 - 39	3
11	1613	Clifford	Jones	01:40:34	M 50 - 59	2
12	1616	Mary	Garcia	01:42:58	F 50 - 59	3
13	1617	Trish	Hoare	01:43:33	F 40 - 49	4
14	1612	Greg	Stonham	01:53:10	M 30-39	4
15	1614	Liz	O'Connor	01:53:37	F 50 - 59	4
16	1610	Jaclyn	Mountjoy	01:57:13	F 30 - 39	4
17	1609	Stuart	Thomas	01:59:04	M 30 - 39	2
18	1607	Nicole	Thomas	01:59:52	F 30 - 39	5
19	1611	Leon	Merten	02:08:44	M 16 - 17	1
20	1615	Annie	Hayes	02:11:21	F 50 - 51	1
21	1604	Nadia	Mead	02:13:08	F 50 - 59	5
22	1624	Ralph	Man	02:19:00	M 30 - 39	3
23	1605	Helen	Simpson	03:05:59	F 50 - 59	6
24	1606	Rebecca	Wright	03:06:00	F 50 - 59	7
DNS	1603	Linn	Tollofsen	DNS	F 18 - 29	
DNS	1626	Katrin	Meyer	DNS	F 50 - 59	