

3 Marathons in 3 Days Grand Slam overall results, 7-9 July 2023

Race director: Lorraine Lawson

Race director support: Heidi Sweeting

Course records are provided at the end of this document.

3M3D Grand Slam competitors

Overall Placing	Bib #	Name		Marathon 1 Time (h:mm:ss)	Marathon 2 Time (h:mm:ss)	Marathon 3 Time (h:mm:ss)	Cumulative Time (h:mm:ss)	Age category	Overall age Category Placing	Early start
1	1	Joshua	Duff	4:40:42	4:21:03	3:45:12	12:46:57	M 30-39	1	
2	2	Joe	Buck	4:43:15	4:28:17	3:52:53	13:04:25	M 30-39	2	
3	3	Daniel	Hannaford	4:59:37	4:34:59	4:05:28	13:40:04	M 40-49	1	
4	4	Kevin	Durose	5:28:01	4:49:34	4:17:07	14:34:42	M 40-49	2	
5	5	Andrew	Smith	5:17:29	5:10:55	4:21:08	14:49:32	M 50-59	1	
6 (1 st female)	6	Peta	Travers-Jones	5:38:17	5:24:31	4:33:32	15:36:20	F 18-29	1	
7 (2 nd female)	9	Eleanor	Doyle	6:56:02	6:27:15	5:25:41	18:48:58	F 50-59	1	
8	11	SUNG LIN	LU	6:55:55	6:52:04	5:20:59	19:08:58	M 60-69	1	
9	19	Trevor	Garvey	6:44:03	7:35:30	5:14:49	19:34:22	M 50-59	2	
10 (3 rd female)	10	Kalyra	Thompson	6:44:01	6:48:28	6:12:47	19:45:16	F 30-39	1	
11	18	Matthew	Golden	6:12:06	7:49:46	5:48:15	19:50:07	M 30-39	3	
12	12	Jenni	Jefferis	7:33:17	6:48:29	5:38:31	20:00:17	F 40-49	1	
13	Chrissy	Chrissy	Warman	7:17:24	7:12:46	5:38:31	20:08:41	F 50-59	2	
14	14	Henry	Goldstein	7:59:02	6:39:02	5:48:14	20:26:18	M 30-39	4	
15	15	Bryan	Hawarden	7:59:02	6:39:02	5:48:14	20:26:18	M 40-49	3	
16	Helen	Helen	McAllister	7:17:39	7:31:34	6:12:49	20:52:02	F 30-39	2	
17	16	Clifford	Jones	7:37:49	7:35:29	5:58:02	21:11:20	M 50-59	3	
18	13	Anthony	Lucas	6:56:10	7:22:49	7:28:50	21:47:49	M 50-59	4	
19	17	Marj	Hendry	8:03:55	7:31:33	6:12:46	21:48:14	F 60-69	1	
20	Stephen	Stephen	Lewis	9:32:36	8:53:06	7:09:49	26:05:31	M 60-69	2	YES
21	Lorraine	Lorraine	Lawson	10:41:39	10:26:58	6:57:42	28:06:19	F 50-59	3	
22	Pamela	Pamela	Williams	11:06:40	10:26:56	6:37:44	28:11:20	F 70 +	1	YES
23	Sharon	Sharon	Waller	10:41:39	10:26:58	7:17:43	28:26:20	F 60-69	2	YES
DNF		Robert	Centonza	9:06:50	DNS	DNS	DNF			
DNF		Russell	Molina	6:56:05	DNS	DNS	DNF			
DNF		Matthew	Neal	9:44:06	DNS	DNS	DNF			

3 Marathons in 3 Days Grand Slam results **Marathon 1** of 3, 7 July 2023

3M3D Grand Slam competitors

Overall placing for Marathon 1	Bib #	Name		Time (h:mm:ss)	Age category	Age category placing for Marathon 1	Early start
1	29	Joshua	Duff	4:40:42	M 30-39	1	
2	30	Joe	Buck	4:43:15	M 30-39	2	
3	53	Daniel	Hannaford	4:59:37	M 40-49	1	
4	34	Andrew	Smith	5:17:29	M 50-59	1	
5	27	Kevin	Durose	5:28:01	M 40-49	2	
6	39	Peta	Travers-Jones	5:38:17	F 18-29	1	
7	40	Matthew	Golden	6:12:06	M 30-39	3	
8	25	Kalyra	Thompson	6:44:01	F 30-39	1	
9	57	Trevor	Garvey	6:44:03	M 50-59	2	
10	56	SUNG LIN	LU	6:55:55	M 60-69	1	
11	41	Eleanor	Doyle	6:56:02	F 50-59	1	
12	33	Russell	Molina	6:56:05	M 40-49	3	
13	38	Anthony	Lucas	6:56:10	M 50-59	3	
14	18	Chrissy	Warman	7:17:24	F 50-59	2	
15	21	Helen	McAllister	7:17:39	F 30-39	2	
16	54	Jenni	Jefferis	7:33:17	F 40-49	1	
17	28	Clifford	Jones	7:37:49	M 50-59	4	
18	37	Henry	Goldstein	7:59:02	M 30-39	4	
19	52	Bryan	Hawarden	7:59:02	M 40-49	4	
20	32	Marj	Hendry	8:03:55	F 60-69	1	
21	51	Robert	Centonza	9:06:50	M 50-59	5	
22	11	Stephen	Lewis	9:32:36	M 60-69	2	Yes
23	22	Matthew	Neal	9:44:06	M 40-49	5	
24	2	Lorraine	Lawson	10:41:39	F 50-59	3	
25	14	Sharon	Waller	10:41:39	F 60-69	2	
26	7	Pamela	Williams	11:06:40	F 70 +	1	Yes

Marathon 1 only

Overall placing	Bib #	Name		Time (h:mm:ss)	Age category	Age category placing
1	43	Joel	Pritchard	5:53:21	Adult male	1
2	44	Christopher	Cowling	6:31:10	Adult male	2

3 Marathons in 3 Days Grand Slam results **Marathon 2** of 3, 8 July 2023

3M3D Grand Slam competitors

Overall Placing for Marathon 2	Bib #	Name		Time (h:mm:ss)	Age Category	Age Category Placing for Marathon 2	Early Start
1	29	Joshua	Duff	4:21:03	M 30-39	1	
2	30	Joe	Buck	4:28:17	M 30-39	2	
3	53	Daniel	Hannaford	4:34:59	M 40-49	1	
4	27	Kevin	Durose	4:49:34	M 40-49	2	
5	34	Andrew	Smith	5:10:55	M 50-59	1	
6	39	Peta	Travers-Jones	5:24:31	F 18-29	1	
7	41	Eleanor	Doyle	6:27:15	F 50-59	1	
8	37	Henry	Goldstein	6:39:02	M 30-39	3	
9	52	Bryan	Hawarden	6:39:02	M 40-49	3	
10	25	Kalyra	Thompson	6:48:28	F 30-39	1	
11	54	Jenni	Jefferis	6:48:29	F 40-49	1	
12	56	SUNG LIN	LU	6:52:04	M 60-69	1	
13	18	Chrissy	Warman	7:12:46	F 50-59	2	
14	38	Anthony	Lucas	7:22:49	M 50-59	2	
15	32	Marj	Hendry	7:31:33	F 60-69	1	
16	21	Helen	McAllister	7:31:34	F 30-39	2	
17	28	Clifford	Jones	7:35:29	M 50-59	3	
18	57	Trevor	Garvey	7:35:30*	M 50-59	4	
19	40	Matthew	Golden	7:49:46*	M 30-39	4	
20	11	Stephen	Lewis	8:53:06	M 60-69	2	YES
21	7	Pamela	Williams	10:26:56	F 70 +	1	
22	14	Sharon	Waller	10:26:58	F 60-69	2	
23	2	Lorraine	Lawson	10:26:58	F 50-59	3	
DNF	51	Robert	Centonza		DNS		
DNF	33	Russell	Molina		DNS		
DNF	22	Matthew	Neal		DNS		

* Includes a 1:10:40 time penalty

MARATHON 2 ONLY, 9 July 2022

Overall Placing	Bib #	Name	Time	Age Category	Age Category Placing
1	47	Jay Doyle	6:27:17	Adult male	1

3M3D Grand Slam competitors Cumulative results for Marathon 1 and Marathon 2

Day 3 Bib #	Day 1 & 2 Bib #	Name		Marathon 1, 7/7/2023	Marathon 2, 8/7/2023	Cumulative	Age Category	Age Category Placing at end of Marathon 2
1	29	Joshua	Duff	4:40:42	4:21:03	9:01:45	M 30-39	1
2	30	Joe	Buck	4:43:15	4:28:17	9:11:32	M 30-39	2
3	53	Daniel	Hannaford	4:59:37	4:34:59	9:34:36	M 40-49	1
4	27	Kevin	Durose	5:28:01	4:49:34	10:17:35	M 40-49	2
5	34	Andrew	Smith	5:17:29	5:10:55	10:28:24	M 50-59	1
6	39	Peta	Travers-Jones	5:38:17	5:24:31	11:02:48	F 18-29	1
9	41	Eleanor	Doyle	6:56:02	6:27:15	13:23:17	F 50-59	1
10	25	Kalyra	Thompson	6:44:01	6:48:28	13:32:29	F 30-39	1
11	56	SUNG LIN	LU	6:55:55	6:52:04	13:47:59	M 60-69	1
18	40	Matthew	Golden	6:12:06	7:49:46*	14:01:52	M 30-39	3
13	38	Anthony	Lucas	6:56:10	7:22:49	14:18:59	M 50-59	2
19	57	Trevor	Garvey	6:44:03	7:35:30*	14:19:33	M 50-59	3
12	54	Jenni	Jefferis	7:33:17	6:48:29	14:21:46	F 40-49	1
Chrissy	18	Chrissy	Warman	7:17:24	7:12:46	14:30:10	F 50-59	2
14	37	Henry	Goldstein	7:59:02	6:39:02	14:38:04	M 30-39	4
15	52	Bryan	Hawarden	7:59:02	6:39:02	14:38:04	M 40-49	3
Helen	21	Helen	McAllister	7:17:39	7:31:34	14:49:13	F 30-39	2
16	28	Clifford	Jones	7:37:49	7:35:29	15:13:18	M 50-59	4
17	32	Marj	Hendry	8:03:55	7:31:33	15:35:28	F 60-69	1
Stephen	11	Stephen	Lewis	9:32:36	8:53:06	18:55:42	M 60-69	2
Sharon	14	Sharon	Waller	10:41:39	10:26:58	21:08:37	F 60-69	2
Lorraine	2	Lorraine	Lawson	10:41:39	10:26:58	21:08:37	F 50-59	3
Pamela	7	Pamela	Williams	11:06:40	10:26:56	21:33:36	F 70 +	1
20	33	Russell	Molina	6:56:05	DNS	n/a		
	51	Robert	Centonza	9:06:50	Withdrew	Withdrew		
	22	Matthew	Neal	9:44:06	Withdrew	Withdrew		

* Includes a 1:10:40 time penalty

Fig Tree Half Marathon, 8 July 2023

Overall placing	Bib #	Name		Time	Age Category	Age Category Placing
1	2107	Jordan Moss		2:45:30	Adult male	1
2	2108	Nichole Baker		2:59:36	Adult female	1
3	2102	Rhonda Sciacca		3:31:47	Adult female	2
4	2101	Heidi Sweeting		3:54:49	Adult female	3
	2106	Damion McLaren		DNS		

Fig Tree 10km, 8 July 2023

Overall placing	Bib #	Time	Name		Age Category	Age Category Placing
1	1003	1:17:52	Joanne Lawrence		Adult female	1
2	1002	1:30:56	LIZ O'CONNOR		Adult female	2

Virtual Fig Tree 10km

Name		Time (h:mm:ss)	Location
Juliana	Foxlee	TBC	

Virtual Fig Tree 21.1km

Name		Time (h:mm:ss)	Location
Sally	Biss	3:41:00	Mission Beach
Phillippa	Golden	3:41:00	Mission Beach
Grace	Wen	TBC	

3 Marathons in 3 Days Grand Slam results **Marathon 3** of 3, 9 July 2023

3M3D Grand Slam competitors

Overall Placing	Bib #	Name		Day 3 Time	Age category	Age Category Placing	Early start
1	1	Joshua	Duff	3:45:12	M 30-39	1	
2	2	Joe	Buck	3:52:53	M 30-39	2	
3	3	Daniel	Hannaford	4:05:28	M 40-49	1	
4	4	Kevin	Durose	4:17:07	M 40-49	2	
5	5	Andrew	Smith	4:21:08	M 50-59	1	
6 (1 st female)	6	Peta	Travers-Jones	4:33:32	F 18-29	1	
7	19	Trevor	Garvey	5:14:49	M 50-59	2	
8	11	SUNG LIN	LU	5:20:59	M 60-69	1	
9 (2 nd female)	9	Eleanor	Doyle	5:25:41	F 50-59	1	
10 (3 rd female)	12	Jenni	Jefferis	5:38:31	F 40-49	1	
11	Chrissy	Chrissy	Warman	5:38:31	F 50-59	2	
12	14	Henry	Goldstein	5:48:14	M 30-39	3	
13	15	Bryan	Hawarden	5:48:14	M 40-49	3	
14	18	Matthew	Golden	5:48:15	M 30-39	4	
15	16	Clifford	Jones	5:58:02	M 50-59	3	
16	17	Marj	Hendry	6:12:46	F 60-69	1	
17	10	Kalyra	Thompson	6:12:47	F 30-39	1	
18	Helen	Helen	McAllister	6:12:49	F 30-39	2	
19	Pamela	Pamela	Williams	6:37:44	F 70 +	1	YES
20	Lorraine	Lorraine	Lawson	6:57:42	F 50-59	3	
21	Stephen	Stephen	Lewis	7:09:49	M 60-69	2	YES
22	Sharon	Sharon	Waller	7:17:43	F 60-69	2	YES
23	13	Anthony	Lucas	7:28:50	M 50-59	4	
		Russell	Molina	DNS			

Cairns Marathon, 9 July 2023

Overall Placing	Bib #	Name		Time	Age Category	Age Category Placing	Early start
1	4214	Tom	O'Connell	3:35:08	M 30-39	1	
2	4220	Zach	OConnor	3:36:10	M 30-39	2	
3	4208	Hugo	Drogemuller	4:17:09	M 30-39	3	
4	4209	Jack	Greig	4:20:44	M 30-39	4	
5	4219	Quinn	Lawson	4:25:15	M 40-49	1	
6	4216	Blair	Kelly	4:25:43	M 30-39	5	
7	4205	Stuart	Plested	4:35:42	M 30-39	6	
8	4218	Matthew	Kinchington	4:37:57	M 50-59	1	
9 (1 st female)	4217	Casey	Taylor	4:38:46	F 30-39	1	
10 (2 nd female)	4221	Laura	O'Dea	4:38:47	F 18-29	1	
11	4211	Owen	Rodgers	4:46:07	M 30-39	7	
12	4207	Stuart	Dwyer	4:46:08	M 50-59	2	
13 (3 rd female)	4201	Clare	Hopper	4:50:38	F 50-59	1	
14	4210	Michael	Cahayag	4:55:21	M 40-49	2	
15	4215	Jennifer	Keeping	5:19:05	F 30-39	2	
16	4213	Diana	Barnett	5:25:39	F 40-49	1	
17	4222	William	Stobo	5:26:06	M 30-39	8	
18	4202	anne	bartlett	5:38:32	F 50-59	2	
19	4203	Kate	Montgomery	6:31:53	F 40-49	2	
20	4204	Marsha	Sparke	7:24:11	F 50-59	3	YES
DNS	4212	Charles	Van antwerp				

16km Lake Morris Road Race, 9 July 2023

Overall Placing	Bib #	Name		Time	Age Category	Age Category Placing
1	1608	Mick	Hanbury	1:17:06	Adult male	1
2	1604	David	Von Senden	1:17:55	Adult male	2
3	1610	Alena	Scurrah	1:18:36	Adult female	1
4	1609	Trevor	Beck	1:18:46	Adult male	3
5	1601	Kim	Adams	1:21:40	Adult female	2
6	1606	Anita	Morianos	1:42:47	Adult female	3
7	1607	Lynne	Hanbury	1:43:24	Adult female	4
8	1605	Julie	Bowe	1:52:09	Adult female	5
9	1603	Fyn	Barnett	1:53:26	Junior male	1
10	1602	Deirdre	Hill	2:17:50	Adult female	6

Course records:

3M3D Grand Slam, 3 MARATHONS IN 3 DAYS

Due to significant changes to Marathon 1 and Marathons 2 of the 3M3D Grand Slam course, our winners in 2021 set new course records.

Male

3M3D Grand Slam: Joshua Duff (2021) 12:22:06. The record over the original course belongs to Om Beacom- Halliday **10:50:10, 2016.**

Marathon 1: 2021 Joshua Duff **4:26:43**

Marathon 2: 2021 Joshua Duff **4:18:43**

Marathon 3: 2016 Om Beacom-Halliday **3:19:52**

Female

3M3D Grand Slam: Sonja Schonfeldt-Roy (2021) 14:05:35. The record over the original course belongs to Maggie Jones **12.37.38, 2015.**

Marathon 1: 2021 Sonja Schonfeldt-Roy **5:12:11**

Marathon 2: 2021 Sonja Schonfeldt-Roy **4:53:12**

Marathon 3: 2017 Katherine Macmillan

3:43:48 CAIRNS MARATHON

Course records

Male: **2019** Leo Schoepflin **3:07:13**

Female: **2023** Casey Taylor **3:38:46**

FIG TREE HALF MARATHON

Male: **2021 (Inaugural race)** Tom Mccorkell **2:06:00**

Female: **2022** Gabrielle Wilson (1st overall) **2:03:34**

FIG TREE 10km

Female: **2021 (Inaugural race)** Adelaide O'Connor **1:12:30**

Male: **2022** Warren Aronstan **1:13:27**

Lake Morris Road Race

Male: **2018** Keith Cameron-Smith **1:14:14**

Female: **2021** Janine Woodside **1:14:18**

For a full list of course winners and results, [visit our website.](#)