

## GRAND SLAM 3M3D, MARATHON 3 AND CAIRNS MARATHON

Elevation Gain: 946 m. Elevation Loss: 1,333 m

Distance into race (km)	Course marker	Waypoint on AllTrails map	Location
0	21	1	Start at intersection of Clohesy River Road and Cedar Park Road. Run 1.7km down Cedar Park Road and return to Clohesy River Road.
3.4	21		<b>Right turn</b> into Clohesy River Road.
6.1			<b>Turn around</b> at highway. Marshal. Return the way you came along <b>Clohesy River Rd.</b>
8.9	21		Continue along <b>Clohesy River Road</b> (Cedar Park Road is on your left).
15.0 15.4	14	2	<b>Right turn</b> at Fig Tree signpost. Marshal. <b>Run the loop of the Fig Tree boardwalk.</b> <b>Right turn</b> back onto Clohesy River Road.
22.1	15		<b>Continue</b> on Clohesy River Road. (Bridle Creek Road gate is on the right – DO NOT go in there).
25.9		3	Continue along Clohesy River Road to the dam. Left turn and up steps to <b>Copperlode Dam Checkpoint.</b> <i>Toilets available here.</i> 6 km climb out of dam.
40.6			<b>Base of Lake Morris Road.</b> Marshal. Look for cars. <b>Left turn</b> into Brinsmead Terrace. Cross road onto footpath. Marshal. <b>Follow footpath</b> along side of Reservoir Road past the Mobile Service Station. Look for cars entering and exiting. Marshals.
41.8			<b>Left turn</b> into Christies Drive. This is just past the service station but before the traffic lights. Cross over View Street into Shale Street. Marshals. Continue downhill on the footpath to Goomboora Park. <b>Right turn</b> into Goomboora Park.
42.2		4	Follow footpath on the left, past the toilet block to the finish by the undercover area.

**Congratulations on completing the 3M3D or the Cairns Marathon**

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**AllTrails map** <https://www.alltrails.com/explore/map/3m3d-marathon-3-373cb8c?u=m&sh=vvy4ph>



